



# ACUPRESSURE & ESSENTIAL OILS

## ONLINE OR IN PERSON

### Day 1

1. You will learn;
2. Fibromyalgia, videos, 8 acupressure points/meridians, essential oils
3. E-book introduction to Aromatherapy 101 (6 quiz)

### DAY 2:

1. You will learn:
2. Carpal Tunnel, Frozen shoulder, 6 acupressure points, essential oils and meridians - videos

### DAY 3

1. You will learn
2. Fibromyalgia - 5 acupressure points and meridians and essential oils
3. Review

**PLACE** 12720 111 Avenue Edmonton

**TIME:** 10:00 am to 2:30 pm in person – weekends

**MATERIALS:** Aroma 101 e-book supplies extra

**COST:** \$50.39 online; \$225.00 IN PERSON

**REGISTER:** [Contact us button](#)

**Call:** 587 590 4188 for further information

**INSTRUCTORS:** Laurie Niles, Aroma therapist, BCAPA member 696; NHPC member # 22587 MTA A INSTRUCTOR:  
Sherry Ogg, RMT, BGS, GCFT; NHPC MEMBER #5902 in person

### CREDITS:

15 credits NHPC; 6 credits RMTA; 3 RMTA online RMTA; 5.75 credits MTA A