

ABBREVIATED COURSE OUTLINE

Essential Oil Therapist curriculum



Aroma 101

World history of aromatics includes ancient cultures and modern developments in Europe, America, Australia, Japan and the Middle East

Organic chemistry focuses on the main pharmacological effects of the primary chemical constituents of essential oils. It includes understanding the GC-MS (gas chromatography - mass spectrometry) analysis of each essential oil studied (71 essential oils)

Botany includes binomial taxonomy, botanical families containing essential oils, germination, and photosynthesis

Clinical science offers classes in pathology; treatment of bacterial, viral and fungal infections; parasitological infestation

Energetic medicine delves into how essential oils act on the human energy field.

An important aspect focuses on consultation skills, compassionate listening, formulating an aromatic intervention, record keeping, and interdisciplinary cooperation with other practitioners and follow up care for the client. A code of ethics for a professional business practice is included.

30 case histories

Support from fellow students is part of the process of learning and growing from the experiences online.

- *Introduction to Anatomy/Physiology*
- *total of 12 systems*
- *Introduction to Pathology*
- ***A Massage Therapist's Guide to Pathology, 5th Ed. Class Syllabus: 60 hours***

COURSE TITLE

Pathology

CREDIT HOURS

60 hours, presented in 30 2-hour segments

PREREQUISITES

Students of pathology must have successfully completed a course in anatomy/physiology

TEXTBOOK

Werner, R. A Massage Therapist's Guide to Pathology, 5e. Baltimore: Lippincott Williams & Wilkins, 2013.

COURSE DESCRIPTION

Discuss pathologies with the goal of being able to make informed decisions about the safety and applicability of massage modalities. Develop critical thinking skills to be able to find information independently, and to identify the variables that contribute to informed decisions

OBJECTIVES

See chapter objectives at the beginning of each chapter. Apply these as appropriate for the content selected in the guidelines.

Grading

Per program requirements

Suggested distribution of points:

5%	participation
10%	hand in assignments
25%	Quizzes/homework (cumulatively)
25%	Research project

- 15 Essential Oil profiles, 7 case studies, quiz

Upon registration the full course guidelines will be included for each section of each level.